

COLLEGE PLANNING TOOLS

The following worksheets are to guide you in collecting information you will need for your college and financial aid research, planning, and applications. Keep this information in a safe place to reference.

Student full name: _____

Grade: _____ School: _____

Disability classification: _____

ACADEMIC INFORMATION:

Cumulative GPA (obtained from school transcript): _____

Current GPA	Target GPA (your goal)

SAT/ACT Scores: SAT/ACT scores are temporarily optional for **SUNY** applications, and are optional for **CUNY** applications through Spring 2027. Check admission requirements for private colleges and SUNY merit or athletic scholarships.

Math	Reading and Writing	Total (math + reading and writing/1600)

Current SAT/ACT or PSAT Score	Target SAT/ACT Score (your goal)

Please provide your highest Regents exam scores below. Note any waivers received:

English	Social Studies (US History, Global, Geography)	Math (algebra I & II, Geometry)	Science (Chemistry, Living Env, Earth Science, Physics)	+1 Option (any additional Regents exam or state approved +1 option)

Credits attempted: _____ Credits earned: _____

Diploma Track:

- ☐ Advanced Regents diploma ☐ Regents diploma ☐ Local diploma
☐ High School Equivalency Diploma (HSE)

Regents to be taken and dates scheduled: _____

FINANCIAL INFORMATION:

This form will help you begin to collect the financial information that is part of applications for financial aid, such as the Free Application for Federal Student Aid (FAFSA). Keep this form in a safe place for reference. For more information about federal financial aid and the process to apply check <https://studentaid.gov> or this [How-to Guide for Students](#).

Who is in the student's household?	<input type="checkbox"/> Both parents <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Guardian <input type="checkbox"/> Sibling(s) <input type="checkbox"/> Other (relatives, friends, etc.)
Total household size for 2024	Parents/guardians: _____ Children under 18: _____ Number of people claimed on parent's taxes: _____ Children in college in 2026-27: _____ Number of people (non-family members) who live with you: _____
Total family income for 2024	Work income from mother/parent 1: \$ _____ Work income from father/parent 2: \$ _____ Work income from student: \$ _____ Other sources of income: \$ _____ <input type="checkbox"/> SSI <input type="checkbox"/> Public Assistance <input type="checkbox"/> Other (unemployment, pension, child support, investments, rental property, etc.)
Parent's marital status	<input type="checkbox"/> Married/remarried <input type="checkbox"/> Divorced/separated <input type="checkbox"/> Single <input type="checkbox"/> Widowed
Parent filed taxes in 2024	<input type="checkbox"/> Yes <input type="checkbox"/> No
Who claims the student on their taxes?	<input type="checkbox"/> Both parents file together <input type="checkbox"/> Mother claims student <input type="checkbox"/> Father claims student <input type="checkbox"/> Other

Based on above information, is student eligible for Search for Education, Elevation and Knowledge (SEEK)/Educational Opportunity Program (EOP)/Higher Education Opportunity Program (HEOP)?*

- ☐ Yes
☐ No

Is the student eligible for other support programs (financial and/or academic)?*

- ☐ Yes
☐ No

**Speak with your college advisor or INCLUDEnyc staff to determine eligibility for an Opportunity or Support program.*

COLLEGE SEARCH CRITERIA:

What is important to you in your college search?

Category	Programs/Features/ Characteristics	Level of Importance (1-10)
Academic majors and career interests	<ul style="list-style-type: none"> • • • • 	
Type of school (2 yr, 4 yr, liberal arts, HBCU)	<ul style="list-style-type: none"> • • • • 	
School location (City, State)	<ul style="list-style-type: none"> • • • • 	
Financial & Academic Support (cost, SEEK/EOP/HEOP, percentage of need met)	<ul style="list-style-type: none"> • • • • 	
Academic accommodations and support available (remote learning, extra time, assistive technology)	<ul style="list-style-type: none"> • • • • 	
Campus setting and other characteristics (urban, suburban, rural, remote learning, size)	<ul style="list-style-type: none"> • • • • 	
School culture (Diversity, extracurriculars, clubs)	<ul style="list-style-type: none"> • • • • 	
Physical accessibility (transportation, elevators, distance of buildings)	<ul style="list-style-type: none"> • • • • 	
Social Emotional Support (guidance, counseling, advising)	<ul style="list-style-type: none"> • • 	

COLLEGE LIST:

This worksheet is to help you think through an academically balanced college list according to the college's admissions rate, your grade point average (GPA) and your SAT/ACT scores (if required).

Search different colleges' admissions criteria. Use this information to organize the list of schools you will apply to. You should have a mix of academically comfortable to challenging schools. Make a note if you may be eligible for [NYS Opportunity Programs](#) ([CUNY CD & SEEK](#), [SUNY EOP](#), or [HEOP](#) at private colleges).

CUNY Admissions Information: <https://bit.ly/3AM4IHV>

CUNY Fastapp: <http://bit.ly/3J0x4qL>

SUNY Admissions Information: <https://bit.ly/3ETPoeK>

Type of School	Safety Schools (Your GPA and SAT scores are above the average)	Target Schools (Your GPA and SAT scores are close to or at the average)	Reach Schools (Your GPA and SAT scores are below the average)
The City University of New York (CUNY)			
The State University of New York (SUNY)			
NY State Private College			
Other (Out-of-state/ Private)			

College Research Resources

- College Scorecard: <https://collegescorecard.ed.gov>
- College Navigator: <http://nces.ed.gov/collegenavigator>
- College Board: <https://www.collegeboard.org>
- Capex College Greenlight: <https://www.cappex.com/colleges>
- Visit the school's website
- Connect with the office of disability or accessibility
- College tours: In person or virtual: <https://www.youvisit.com/collegesearch>
- Attend college fairs

Talk to your network!

- Counselors, teachers, family, coaches, mentors, friends, etc.